



Kermanshah University of medical Sciences

## Research Ethics Certificate

|                      |  |                |            |
|----------------------|--|----------------|------------|
| Approval ID:         | IR.KUMS.REC.1398.170   | Approval Date: | 2019-05-08 |
| Evaluated by:        | Kermanshah University of medical Sciences  |                |            |
| Status:              | Approved   |                |            |
| Approval Statement:  | The project was found to be in accordance to the ethical principles and the national norms and standards for conducting Medical Research in Iran.<br>Notice:<br><ol style="list-style-type: none"><li>1. Although the proposal has been approved by the research ethics committee, meeting the professional and legal requirements is the sole responsibility of the PI and other project collaborators.</li><li>2. This certificate is reliant on the proposal/documents received by this committee on 2019-05-08. The committee must be notified by the PI as soon as the proposal/documents are modified.</li></ol> |                |            |
| Thesis Title:        | The effect of coping strategies with emotion-focused based on mindfulness on mental health in pregnant women with first trimester abnormal fetal screening test  |                |            |
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