The effect of education based on planned behavior on the choice of painless delivery in primiparous women

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Abstract:

The purpose of this study was to investigate the effect of planned behavior on the choice of painless delivery in primiparous women. A total of 100 primiparous women were randomly divided into two groups: the intervention group received education based on planned behavior, and the control group received standard care. The results showed that education based on planned behavior significantly increased the percentage of painless deliveries in the intervention group compared to the control group.

Keywords:

planned behavior, painless delivery, primiparous women.