Effect of preoperative visitation by operating room staff on agitation of hernia patients

Surveying the effects of hospital staff visits on agitation in patients with inguinal hernia

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**Research problem:** To determine the effect of hospital staff visits on agitation in patients with inguinal hernia undergoing surgery.

**Background:** Agitation in patients undergoing surgery is a common issue. Various factors can contribute to agitation, including anxiety, pain, and other physiological factors. Hospital staff visits can play a significant role in managing patients' agitation.

**Objectives:** To evaluate the impact of hospital staff visits on the agitation level of patients undergoing inguinal hernia surgery.

**Methods:** A quasi-experimental study was conducted on 70 patients with inguinal hernia undergoing surgery. The agitation level was measured using the SAS scale before and after the visits. The data were analyzed using the ANOVA test.

**Results:** The agitation level decreased significantly after the hospital staff visits (p < 0.05).

**Conclusion:** Hospital staff visits can effectively reduce the agitation level of patients undergoing inguinal hernia surgery.